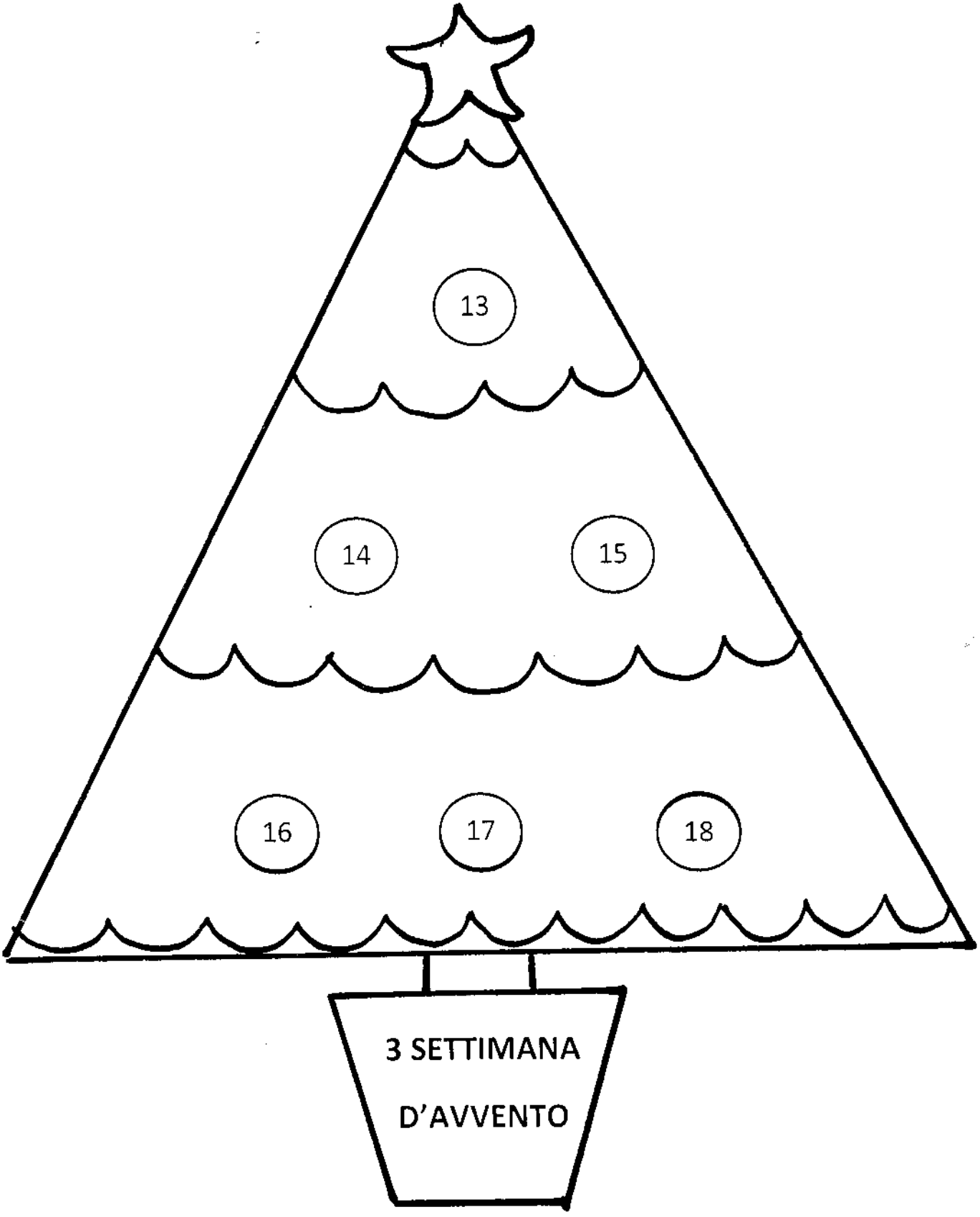La leggenda delle ghirlande